

Community Indicators: Social-Emotional Health

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How Well Are Students Doing?

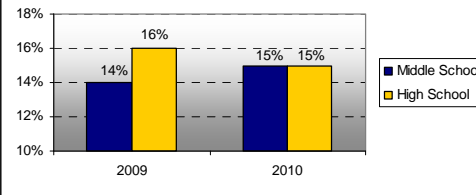
- Mental Health
 - Externalizing &
 - Internalizing Behaviors
- Healthy Relationships
 - Bullying
 - Dating Abuse
- Impact on academic success & school environment
- Recommendations



Externalizing and Internalizing Behaviors

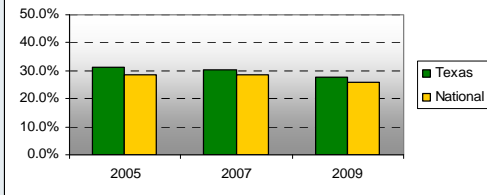
Community indicators developed by the Child and Youth Mental Health Planning Partnership

% of Students Reporting That Their Ability to Cope with Stress or Negative Emotions is Poor or Very Poor



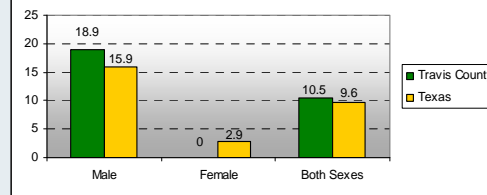
Austin Independent School District, Student Substance Use and Safety Survey 2009-2010

% of High School Students Who Felt Sad or Hopeless

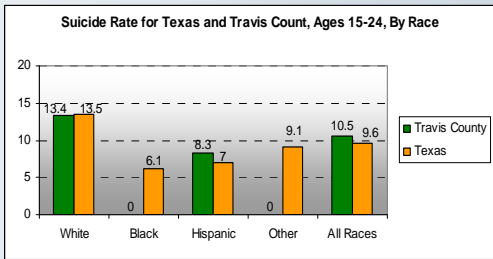


National Youth Risk Behavior Survey, CDC, 2005-2009

Suicide Rate for Texas and Travis County, Ages 15-24



Texas Department of State Health Services, 2006-2007



Texas Department of State Health Services, 2006-2007

Most common underlying factor:
DEPRESSION



Most vulnerable youth: Upper middle class, white, male

Efforts to Improve this Indicator

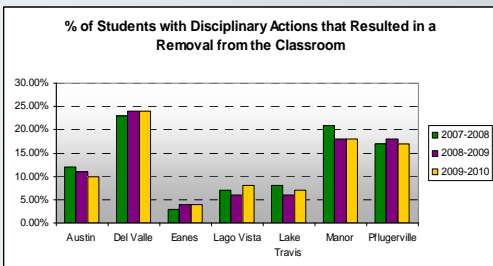


- MHA online educator training
- AISD critical incidents guide
- CIS and St. David's Foundation
- Shared Psychiatric Services Project
- Early identification by schools and primary care physicians

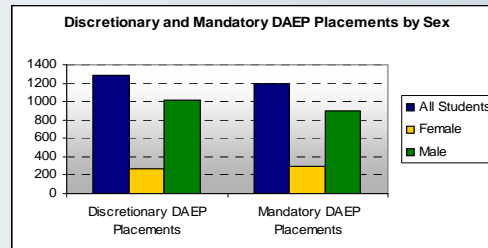
% of Students Removed for Disciplinary Reasons

"The single greatest predictor of future incarceration is a history of disciplinary referrals at school".

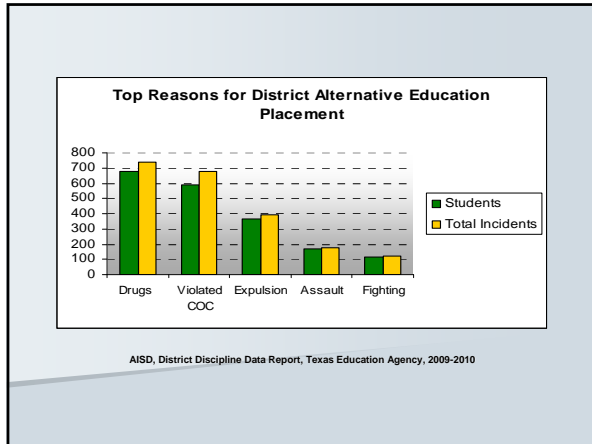
Texas A&M University Public Policy Research Institute, 2005; Texas Appleseed, 2009.



District Discipline Data Report, Texas Education Agency, 2007-2010



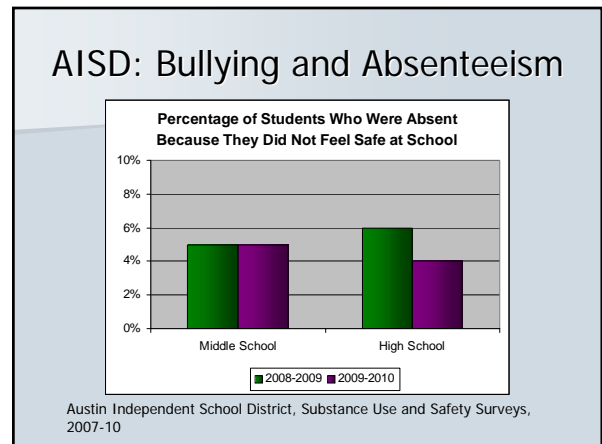
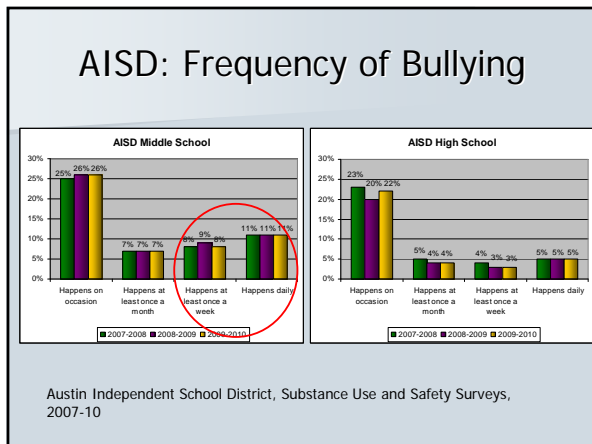
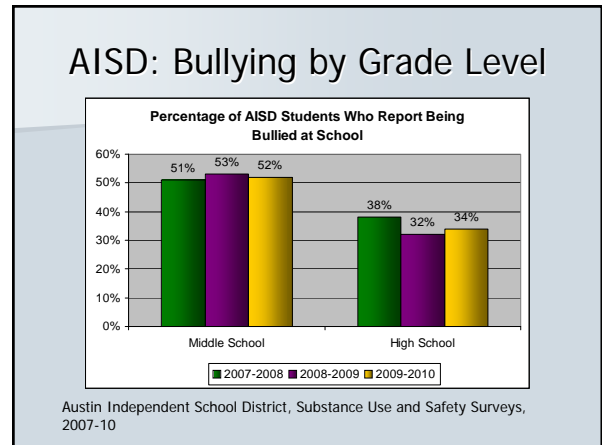
AISD, District Discipline Data Report, Texas Education Agency, 2009-2010



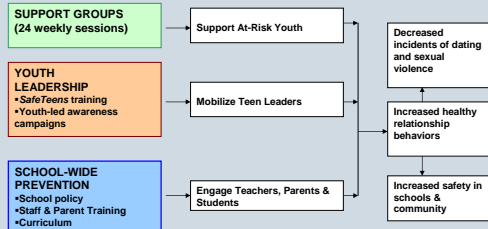
Efforts to Improve this Indicator

Positive Behavior Supports
 The Child Study Team and System
 Communities in Schools
 Transition Social Workers
 The ALC Data Base
 CARY
 SafePlace
 Afterschool Programs

Healthy Relationship Indicators Developed by Start Strong Austin



Expect Respect – Promoting Healthy Teen Relationships



Parent Engagement

- The best time to prepare teens to develop healthy relationships is *before dating begins*
- Parents
 - Talk to your teens about their peer and dating relationships.
 - Create space for an honest conversation. Listen.
 - Stay involved in your teen's life.
- www.startstrongparents.org



Screening Tool for Nurses

- Are you dating or going out with anyone?
- Have you ever felt controlled by someone you were dating?
- Have you ever felt afraid or threatened by someone you were dating?
- Have you ever been physically hurt or injured by someone you were dating?
- Have you ever felt pressured to do something sexual when you didn't want to?
- Is anybody in your life hurting you or someone you know?



Key Recommendations Mental Health

- Review district policy and protocol for suicide prevention:
 - HB 1386 Relating to the public health threat presented by youth suicide
 - Mandatory online educator training
- Promote wide-spread distribution of awareness materials to parents
- Continued support for students who exhibit problems in relationships (SafePlace, CIS, CARY, Seedling Foundation)

Key Recommendations Healthy Relationships

- Include bullying and dating abuse prevention within CSH framework
 - Review policies, programs and resources on dating violence, bullying, and sexual harassment
 - (H.B. 1042 and S.B. 736)
- Support programs for students who are the targets or alleged offenders of bullying, sexual harassment and dating violence (SafePlace, CARY, No Place for Hate, CIS and others)
- Distribute information about healthy relationships, bullying and dating abuse prevention to parents

Contact Information

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